



IMPORTANT INSTRUCTIONS FOR ARESTIN

To achieve the best results, follow these instructions. You'll also find these important guidelines useful:

- **Avoid touching the treated areas**
- **Wait 12 hours after your treatment before brushing teeth**
- **Wait 10 days before using floss, toothpicks, or other devices designed to clean between teeth**
- **Avoid food for 1 week that could hurt your gums**

Gum disease can recur and needs to be checked regularly. Be sure to return for your follow-up appointments.